



Hey Moms! We are so excited to be gathering again! Join us for our Fall Launch at both our Greenford and Austintown campuses.

FALL/WINTER 2023

- SEPT** **GR** - 9/13/23 9:30A-11A & 6:30P-8P **AU** - 9/20/23 6:30p - 8P
Fall Craft. *We will be making adorable wooden door signs for the Fall season. All supplies will be provided.*
- OCT** **GR** - 10/11/23 9:30A-11A & 6:30P-8P **AU** - 10/18/23 6:30P - 8P
Yoga. *Come discover how Yoga can calm your mind while unwinding away stress from your body. Bring a water bottle, towel and mat.*
- NOV** **GR** - 11/8/23 9:30A-11A & 6:30P-8P **AU** - 11/15/23 6:30P - 8P
Christmas Ornaments. *We will be painting a Christmas ornament while talking about ways we can recalibrate and escape the Mom Guilt trap.*

(Note: Childcare available at all gatherings at no cost.)

Our Greenford MOMS Group was created so that moms could **build relationships with other moms** who seek to raise their children in a Christian manner. **It is a safe, fun space** for moms to enjoy authentic relationships, share some laughs, receive encouragement, love and support.